



All meals are prepared using fresh, quality ingredients and may be prepared weekly or bi-weekly.

The prices listed below include groceries, meal plan, cooking, storing and clean up. A 50% deposit is required at consultation and the remaining upon completion of meals.

From the menu below, please choose one (1) side per entree and one (1) salad. A minimum of three (3) entrees is required to book a Personal Chef Service, any additional entrees may be prepared at an additional cost.

PRICING

2 Servings	\$230 - 3 Entrees, 3 Sides, 1 Salad
4 Servings	\$340 - 3 Entrees, 3 Sides, 1 Salad
6 Servings	\$420 - 3 Entrees, 3 Sides, 1 Salad

MENU

SIDES

Yellow Rice & Pigeon Peas
Rice & Peas
Pumpkin Rice
Green Banana in Coconut Milk
Hard Food (Dumpling, Sweet Potatoes, Eddoes)
Boiled Green Banana
Macaroni Pie
Roasted Seasonal Vegetables
Steamed Seasonal Vegetables with Herb Butter
Sauteed Cabbage
Sauteed Cassava
Ginger Pumpkin
Breadfruit Pie
Scalloped Potatoes