



All meals are prepared using fresh, quality ingredients and may be prepared weekly or bi-weekly.

The prices listed below include groceries, meal plan, cooking, storing and clean up. A 50% deposit is required at consultation and the remaining upon completion of meals.

From the menu below, please choose one (1) side per entree and one (1) salad. A minimum of three (3) entrees is required to book a Personal Chef Service, any additional entrees may be prepared at an additional cost.

PRICING

2 Servings	\$230 - 3 Entrees, 3 Sides, 1 Salad
4 Servings	\$340 - 3 Entrees, 3 Sides, 1 Salad
6 Servings	\$420 - 3 Entrees, 3 Sides, 1 Salad

MENU

POULTRY

Curry Chicken with Potatoes
Stewed Chicken
Jerk Chicken
BBQ Chicken
Lime-Tangerine Chicken
Ginger-Teriyaki Chicken
Peleau

SEAFOOD

Baked Snapper
Fried King Fish with Chunky Tomato Sauce
Codfish Buljol
Stewed Codfish
Smoked Herring

MEAT/ BEEF

Pineapple Braised Oxtail
Stewed Beef
Oxtail Ragu

PORK

Honey Scotch Bonnet Roasted Pork
Orange- Pineapple Glazed Pork Chops
Garlic-Rosemary Pork Tenderloin
Ginger-Teriyaki Pork

VEGAN/ VEGETARIAN

Jerk Marinated Tofu
Pan-Fried Tofu with Creamy Curry Sauce
Stewed Soy Chunks
Eggplant Parmesan
Vegan Chili